

## SPA PACKAGES

### REVITALIZING LUXE

\$100

25 MIN EXPRESS FACIAL  
25 MIN EXPRESS SWEDISH MASSAGE

### ULTIMATE INDULGENCE

\$205

50 MIN. EMINENCE ORGANIC FACIAL WITH HAND PARAFFIN DIP  
50 MIN. SWEDISH MASSAGE WITH AROMATHERAPY  
LUNCH AT CHAVOOR\*

### HEAD TO TOE

\$265

50 MIN. EMINENCE ORGANIC FACIAL  
50 MIN. SWEDISH MASSAGE  
CLASSIC MANICURE & PEDICURE  
LUNCH AT CHAVOOR\*

### ALL DAY BEAUTY

\$390

50 MIN. EMINENCE ORGANIC FACIAL  
50 MIN. SIGNATURE MASSAGE  
CLASSIC MANICURE & PEDICURE  
MINT AND HONEY BODY DIP  
LUNCH AT CHAVOOR\*

### DELUXE ROMANCE PACKAGE (FOR 2)

\$300

80 MIN. ARDEN HILLS SIGNATURE MASSAGE  
(Couples Spa Suite)  
DINNER AND GLASSES OF CHAMPAGNE FOR TWO  
AT CHAVOOR\*

### MAKE IT A SPA PARTY!

FOUR OR MORE PEOPLE WHO BOOK SIX OR MORE HOURS QUALIFY FOR OUR SPA PARTY BENEFITS. SERVICE FEES ARE REQUIRED. SPEAK TO OUR SPA COORDINATOR FOR PRICING AND AVAILABILITY.

\*BRUNCH/LUNCH/DINNER INCLUDES ONE ENTREE AND ONE NON-ALCOHOLIC BEVERAGE FROM THE SPA PACKAGE MENU

\*SATURDAY/SUNDAY BRUNCH ONLY

\*SEASONAL TEA SERVICE

### CANCELLATION POLICY

ALL SPA TREATMENTS ARE RESERVED ESPECIALLY FOR YOU. WE VALUE YOUR BUSINESS AND ASK THAT YOU RESPECT THE SPA'S SCHEDULING POLICIES. SHOULD YOU NEED TO CANCEL OR RESCHEDULE, PLEASE NOTIFY US AT LEAST 24 HOURS IN ADVANCE. ANY CANCELLATIONS WITH LESS THAN 24 HOURS OF NOTICE ARE SUBJECT TO A CANCELLATION FEE AMOUNTING TO THE COST OF THE SCHEDULED SERVICE.

### SPA HOURS

TUESDAY – THURSDAY · 10:00AM – 7:00PM  
FRIDAY – SUNDAY · 9:00AM – 6:00PM

1220 ARDEN HILLS LANE, SACRAMENTO, CA 95864 · (916) 480-1150  
ARDENHILLS.CLUB



ARDEN HILLS  
THE SPA



# SPA SERVICES

## MASSAGE THERAPY

ARDEN HILLS SIGNATURE MASSAGE	50 MIN.	\$100
	80 MIN.	\$130
	120 MIN.	\$160
SWEDISH MASSAGE	25 MIN.	\$55
	50 MIN.	\$85
	80 MIN.	\$115
	120 MIN.	\$145
DEEP TISSUE MASSAGE	25 MIN.	\$70
	50 MIN.	\$100
	80 MIN.	\$130
	120 MIN.	\$160
SPORTS MASSAGE	50 MIN.	\$100
	80 MIN.	\$130
HOT STONE MASSAGE	50 MIN.	\$100
	80 MIN.	\$130
REFLEXOLOGY MASSAGE	25 MIN.	\$50
	50 MIN.	\$70
PRENATAL MASSAGE	50 MIN.	\$90
	80 MIN.	\$120
COUPLES MASSAGE	50 MIN.	\$170 AND UP
	80 MIN.	\$230 AND UP
AROMATHERAPY (add to any Massage Service)		ADD \$10

## BODY TREATMENTS

SUGAR GLOW	45 MIN.	\$90
FULL BODY SPRAY TAN	30 MIN.	\$45
	PKG. OF 3	\$100
	PKG. OF 6	\$190
POLISH AND TAN	60 MIN.	\$110
EMINENCE HERBAL CELLULITE TREATMENT	50 MIN.	\$100
MINT AND HONEY BODY WRAP	75 MIN.	\$125
EMINENCE'S COCOLUMINOUS DEEP EXFOLIATION BODY TREATMENT	75 MIN.	\$130
BLACK BALTIC MUD WRAP	45 MIN.	\$160

### ALL SERVICES INCLUDE:

ACCESS TO DETOXIFYING STEAM ROOM, RELAXING JACUZZI AND SOOTHING TEA SERVICE

### BRUNCH/LUNCH:

AVAILABLE TO ADD ONTO YOUR SPA DAY WEDNESDAY - SUNDAY

### GUEST PASSES:

AVAILABLE FOR PURCHASE IF YOU WOULD LIKE TO ENJOY THE CLUB

### MUST BE 21+ FOR SPA SERVICES

exception: TEEN WEDNESDAY:

13+ FOR NAIL & FACIAL SERVICES

18+ FOR MASSAGE SERVICES (PARENTAL SIGNATURE REQUIRED)

## FACIAL TREATMENTS

80 MIN TARGET TREATMENT FACIALS		\$145
BRIGHT AND BALANCE CALM AND SOOTHE CLEAR SKIN AGE CORRECTIVE <small>*Facial consultation required.</small>		
EMINENCE ORGANIC FACIAL	25 MIN.	\$55
	50 MIN.	\$90
TEEN FACIAL (Wednesdays Only)	50 MIN.	\$80
MEN'S FACIAL	50 MIN.	\$90
	80 MIN.	\$120
EXTRACTIONS		ADD \$10

## NAIL SERVICES

EXPRESS MANICURE		\$30
EXPRESS PEDICURE		\$45
CLASSIC MANICURE (add Gel Polish \$15)		\$45
CLASSIC PEDICURE (add Gel Polish \$15)		\$60
SIGNATURE MANICURE (add Gel Polish \$15)		\$60
SIGNATURE PEDICURE (add Gel Polish \$15)		\$75
FRENCH POLISH		\$5
BUTTER CREAM & PARAFFIN DIP		\$15
POLISH CHANGE		\$15
GEL REMOVAL		\$15

## WAXING

EYEBROW		\$25
EYEBROW MAINTENANCE		\$18
EYEBROW TWEEZE		\$20
LIP		\$10
CHIN		\$10
CHEEK		\$10
FACE (LIP, CHIN, CHEEKS)		\$30
CHEST		\$55
BACK		\$55
UNDERARM		\$20
ARM		\$35
FULL LEG		\$70
HALF LEG		\$40
BIKINI		\$35
BRAZILIAN (FIRST TIME)		\$70
BRAZILIAN (MAINTENANCE)		\$55
HIGH FREQUENCY (add to any wax service)		\$10

\*ASK ABOUT OUR WAXING PACKAGES

